



53rd Annual National IAPSM &
32nd Gujarat State IAPSM Conference 2026

IAPSMCON 2026

Transforming Policy to Practice for a Healthier India

THE WAY TO VIKSIT BHARAT @ 2047

Preconference Workshop 14

Title of the Workshop
**Role of Narratives as a
Tool for Health Behaviour Change in Public Health**

Resource Persons



DR. LATHA K

Associate Professor
Department of Mental Health Education, NIMHANS



DR. PRACHETH R

Associate Professor
Department of Epidemiology, NIMHANS



MS. ASTHA SHARMA

PhD Scholar
Department of Mental Health Education, NIMHANS



26th Feb 2026

09:00AM - 05:00PM



NAMO Medical Education & Research Institute,
Silvassa, U.T. of Dadra and Nagar Haveli and Daman and Diu,
India



Highlights of the Workshop :

By the end of this workshop, participants will be able to:

- Highlight the role of narratives in shaping health beliefs, behaviour, and motivation among individuals.
- Demonstrate effective narrative-building techniques that healthcare professionals can use in clinical, counselling, and community settings.
- Enhance skills in crafting patient-centered narratives that improve treatment adherence, self-care, and resilience.
- Illustrate the impact of narratives in chronic disease management through case discussions.
- Facilitate reflective and participatory activities to understand how personal and community narratives can transform health behaviour.

**GMC CREDIT
POINTS APPLIED**

LIMITED SEATS AVAILABLE



Terms & Conditions

- Seats will be allotted on a first-come, first-served basis.
- Participants may choose up to 3 workshops (in order of preference).
- Each workshop will be conducted only if 25-30 participants register.
- Conference registration is mandatory for attending the pre-conference workshops.



Scan For
Registration

+91- 8866709988

iapsmcon2026@gmail.com

www.iapsmcon2026.com

